

Sheffield Junior Wrestling Tournament
January 23, 2010
Pre-registration only/ No walkins!!

Location: Sheffield Jr/Sr High School (Warren County)
Age: Age as Dec 31st 2009
Weigh-Ins: Flat weight no allowance (scales open at 6:00am to 8:30)
Coaches meeting to follow weigh ins
Entry Fee: \$15 per wrestler, payable to *Sheffield Wrestling Club*, Must be received by **Jan. 21, 2010**.
Coaches may email list to holden@westpa.net by 1/21/10 but will be responsible to pay for all names that are emailed. First 300 entries guaranteed acceptance.

Mail Entries to: Tammi Holden PO Box 274 Sheffield, Pa 16347

Questions contact : Connie Holden (814)723-5905 or Marcy Byers at (814) 968-4489

Rules: Double elimination. We reserve the right to combine weight classes if fewer than 3 wrestlers, referees' decisions will be final. 1-1-1 for ages 12 & under, 2-1-1 for 13 & 14

Awards: Awards for 1st, 2nd, 3rd.

6-under	40, 45, 50, 55, 60, 65, HWT (Max 80)
7&8	45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (Max 110)
9&10	55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 120, HWT (Max 150)
11&12	65,70, 75, 80, 85, 90, 95, 105, 115, 125, 135, 145, 160, HWT (Max 200)
13 & 14	77,82,87,92,97,102,107,112,117,124,132,140,147,157,167,187,212, HWT (Max 252)

Admission: Adults \$3.00 Students \$1.00

Cafeteria will be open all day

Wrestlers Name _____ Phone _____

Address _____ City _____ State _____

Age on Dec 31st 2009 _____ Weight Class _____

School/Club _____ Date of Birth _____

Please enter me in the above wrestling tournament. I hereby release the Sheffield Wrestling , the officials of this tournament and anyone connected with this tournament from any claim, liabilities, or rights to damage for any injuries or losses suffered by myself in training for, traveling to and from, or participating in the Sheffield Wrestling Tournament.

Parent Signature _____ Wrestler's Signature _____